

Preoperative Instructions for Total Joint Replacement

Dr. Delisca has ordered a few lab and imaging tests to be done the weeks leading up to your surgery. The lab results will determine the best preoperative treatment plan for you. The purpose of determining the right plan for you is to reduce your risk of infection.

Plan #1:

If your recent MRSA/MSSA test was **negative** (bacteria not present):

You will be prescribed **Hibiclens 4%** solution to use

- Wash your body from the neck down (avoiding the genital area) the night before your surgery **AND** the morning of your surgery
 - This includes applying the solution to your skin like lotion and allowing it to dry. Once dry, step in the shower and rinse it off. Do not use any other body wash to the areas where you applied this solution.
- A total of 2 bottles will be prescribed: Use 1 entire bottle per shower



Plan #2:

If your recent MRSA/MSSA test was **positive** (bacteria present):

You will be prescribed **Hibiclens 4%** solution to use

- Wash your body from the neck down (avoiding the genital area).
 - This includes applying the solution to your skin like lotion and allowing it to dry. Once dry, step in the shower and rinse it off. Do not use any other body wash to the areas where you applied the solution.
- You will do this twice a day (morning and night) for the 5 days before your surgery with the last wash being done the morning of your surgery.
- A total of 10 bottles will be prescribed: Use 1 entire bottle per shower

Mupirocin 2% ointment will also be prescribed to use

- The ointment should be applied **IN** your nostrils twice a day for the 5 days before your surgery.
- You can use a cotton tip swab to help apply the ointment.

IMPORTANT NOTE: Take extra precaution in keeping your surgical site (hip, knee, shoulder) free of scratches, cuts, open wounds or irritation before your surgery. If you notice you have any of these present any time before your surgery let Dr. Delisca know immediately. Having any of these skin changes present on your surgery date may result in rescheduling the procedure.